



HAPPY THANKSGIVING!

THANKFULNESS

Be your Very Best with Virtues!

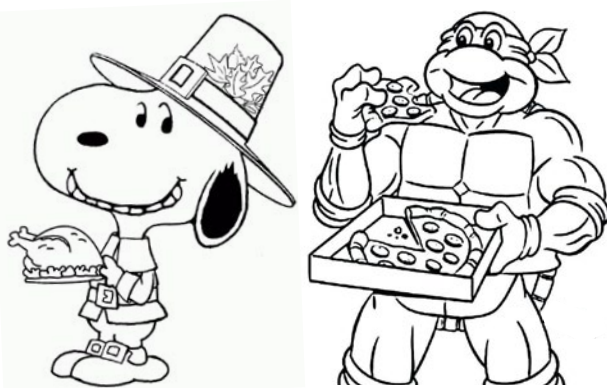
When kids understand virtues they tap into character strengths that guide them when faced with decisions between right and wrong, good from bad, or when they find themselves experiencing personal challenges and difficulties.



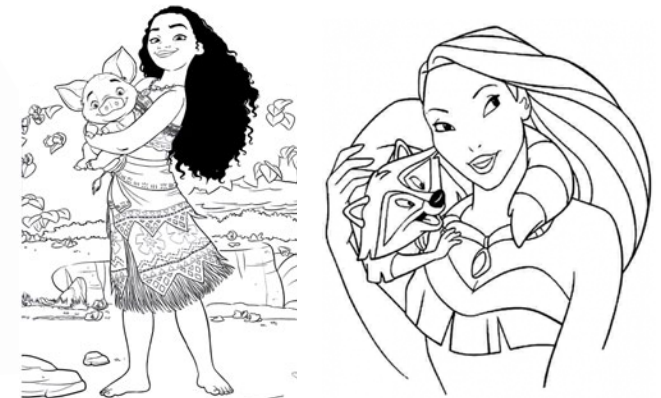
Virtues empower kids to:

- Overcome adversity and achieve their goals
- Rise above negative influences
- Be kind, honest and trustworthy
- And much more!

Learn more at theVchannel.com



Kids love Cartoons!



Kids need Virtues!

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Teaching Virtues is Easy as 1, 2, 3!

[Watch our 2-minute "V"TOONS Video!](#)



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Be your Very Best with Virtues! —Snoopy

THANKFULNESS

Thankfulness is being grateful for what we have.

Thankfulness an attitude of gratitude for learning, loving and being alive.

Thankfulness is being glad for the special things that come along. It is also being grateful for the little things which happen every day.

With thankfulness, we keep a positive outlook. We can see the good in our lives and in whatever happens. Thankfulness is a way to get perspective when things don't look good and you start to lose hope. It is a way to grow when painful things happen, by looking at the gifts which are always there, even when they seem hidden.

Learn more at theVchannel.com/Thankfulness

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Be your Very Best with Virtues! —DONATELLO

THANKFULNESS

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Thankfulness is being grateful for what we have.

Thankfulness an attitude of gratitude for learning, loving and being alive. It is being grateful for the little things which happen every day.

With thankfulness, we keep a positive outlook. We can see the good in our lives and in whatever happens. Thankfulness is a way to get perspective when things don't look good and you start to lose hope. It is a way to grow when painful things happen, by looking at the gifts which are always there, even when they seem hidden.

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Be your Very Best with Virtues! —MOANA

THANKFULNESS

Thankfulness is being grateful for the little things that happen every day.

Thankfulness an attitude of gratitude for learning, loving and being alive.

Thankfulness is being glad for the special things that come along. It is being grateful for everything we have.

With thankfulness, we keep a positive outlook. We can see the good in our lives and in whatever happens. Thankfulness is a way to get perspective when things don't look good and you start to lose hope. It is a way to grow when painful things happen, by looking at the gifts which are always there, even when they seem hidden.

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Be your Very Best with Virtues! —Pocahontas and Meeko

THANKFULNESS

With thankfulness, we can see the good in our lives and in whatever happens.

Thankfulness is being grateful for what we have.

Thankfulness an attitude of gratitude for learning, loving and being alive.

Thankfulness is being glad for the special things that come along. It is also being grateful for the little things that happen every day.

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You are practicing
THANKFULNESS
when you...

- Have an attitude of gratitude
- Are receptive to gifts
- Appreciate your own abilities instead of envying others
- See the difficulties of life as opportunities to learn
- Appreciate the beauty of this world
- Count your blessings every day

Affirmation:

I am thankful for the many gifts within me and around me today. I appreciate my life. I look for the lessons. I expect the best.



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What does **Thankfulness** look like to you?
Draw and color a picture here ↓



Please make a tax-deductible donation today!

The V Channel is a 501(c)(3) nonprofit organization. We depend on the generous support of people like you.

Every dollar we receive goes directly toward inspiring kids everywhere to choose virtues!



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We appreciate your generosity!
— The "V"TOONS Team



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