

THE KINDNESS PLEDGE:

My name is _____.

I understand that being kind makes life better for everyone.

Kindness is showing that I care about anyone or anything that crosses my path.
I can be kind to people, to animals, and to the environment.

Kindness is shown in small gestures that brighten people's lives.
I can practice kindness by noticing when someone or something needs my help.

I am practicing Kindness when I...

- Give tender attention to someone who is sad or needs help
- Do things to give others happiness
- Practice habits that help the environment (reduce, re-use, recycle)
- Resist the temptation to be cruel
- Accept people who are different

I pledge to practice Kindness and all the virtues to be my very best!

LEARN MORE AT
THEVCHANNEL.COM/KINDNESS



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PARENTS AND TEACHERS:
PRINT AND SIGN THE KINDNESS
PLEDGE CERTIFICATE.
SEE NEXT PAGE.



TVC
CERTIFIED

IN APPRECIATION FOR TAKING
THE KINDNESS PLEDGE
TO HELP MAKE LIFE BETTER FOR EVERYONE!

This Certificate is Presented to



For Learning and Practicing Kindness

THE "V" TEAM
The "V" Team



PARENT / TEACHER

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