

# "V"TOONS™ COLORING PAGES MODESTY

## Be your "BEST" with Virtues!

When kids understand virtues they tap into character strengths that guide them when faced with decisions between right and wrong, good from bad, or when they find themselves experiencing personal challenges and difficulties.



Kids love Cartoons!



THE V CHANNEL.COM  
INSPIRING KIDS TO BE THEIR "BEST"

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Virtues empower kids to:

- Overcome adversity and achieve their goals
- Rise above negative influences
- Be kind, honest and trustworthy
- And much more!

Learn more at [theVchannel.com](http://theVchannel.com)



Kids need Virtues!



## Learning About Virtues is Easy and Fun!



Invite your kids to pick their favorite characters and print the "V'TOONS Coloring Pages.



Read about the virtues while your kids have fun coloring "V'TOONS.



Display "V'TOONS as a daily reminder that virtues empower kids to be their "Best."

Learn more at [theVchannel.com/vtoons](http://theVchannel.com/vtoons)



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Be your "BEST" with Virtues! —ZOE

# MODESTY

**Modesty means to accept praise without getting conceited.**

Modesty is an attitude. When you practice modesty you are not showy or boastful. You have a sense of self-acceptance and quiet pride. You are grateful for your gifts, and you know that others have gifts too.

Without modesty people do all kinds of things just to attract attention.

When people practice modesty, they don't need to tell others about how great they are. They just let their actions speak for them.

Learn more at [theVchannel.com/Modesty](http://theVchannel.com/Modesty)

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Be your "BEST" with Virtues! —ARIEL

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Be your "BEST" with Virtues! —ROGUE

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Be your "BEST" with Virtues! —DEADPOOL

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## You are practicing **MODESTY** when you...

- Are comfortable being who you are
- Respect yourself
- Do not permit anyone to abuse your body
- Set boundaries about your right to privacy
- Dress in a way that feels right to you
- Share your victories without boasting

### Affirmation:

*I am modest. I have no need to brag. I dress in a way that shows respect for myself and others. I protect myself from disrespectful attention.*

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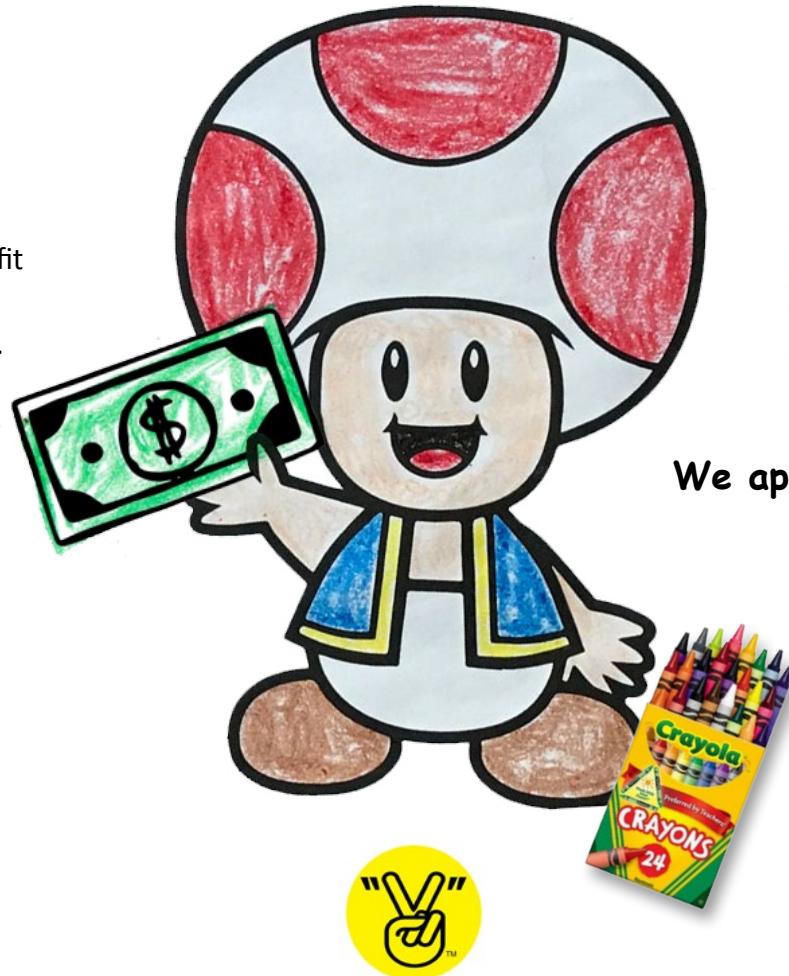
What does **Modesty** look like to you?  
Draw and color a picture here ↓



# Please make a tax-deductible donation today!

The V Channel is a 501(c)(3) nonprofit organization. We depend on the generous support of people like you.

Every dollar we receive goes directly toward inspiring kids everywhere to choose virtues!



**Donate now ►**

[theVchannel.com/donate](http://theVchannel.com/donate)

**We appreciate your generosity!**  
— The "V"TOONS Team

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**PLAY NICE  
DISNEY CHARACTERS  
SUPERHEROES  
STOP BULLYING!**



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