

"V"TOONS™ PEACEFULNESS

COLORING PAGES

Be your "BEST" with Virtues!

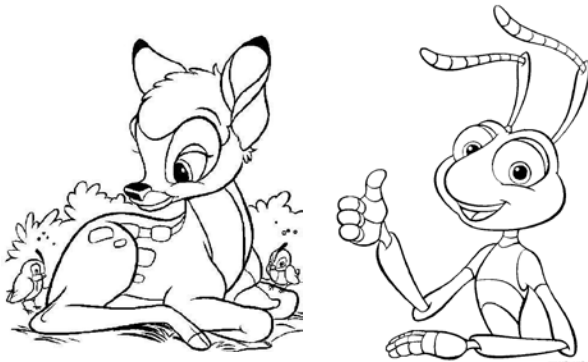
When kids understand virtues they tap into character strengths that guide them when faced with decisions between right and wrong, good from bad, or when they find themselves experiencing personal challenges and difficulties.



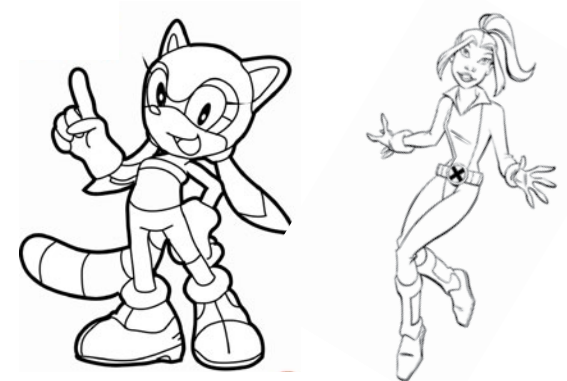
Virtues empower kids to:

- Overcome adversity and achieve their goals
- Rise above negative influences
- Be kind, honest and trustworthy
- And much more!

Learn more at theVchannel.com



Kids love Cartoons!



Kids need Virtues!



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INSPIRING KIDS TO BE THEIR "BEST"

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Learning About Virtues is Easy and Fun!



Invite your kids to pick their favorite characters and print the "V"TOONS Coloring Pages.



Read about the virtues while your kids have fun coloring "V"TOONS.



Display "V"TOONS as a daily reminder that virtues empower kids to be their "Best."

Learn more at theVchannel.com/vtoons



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Be your "BEST" with Virtues! —BAMBI

PEACEFULNESS

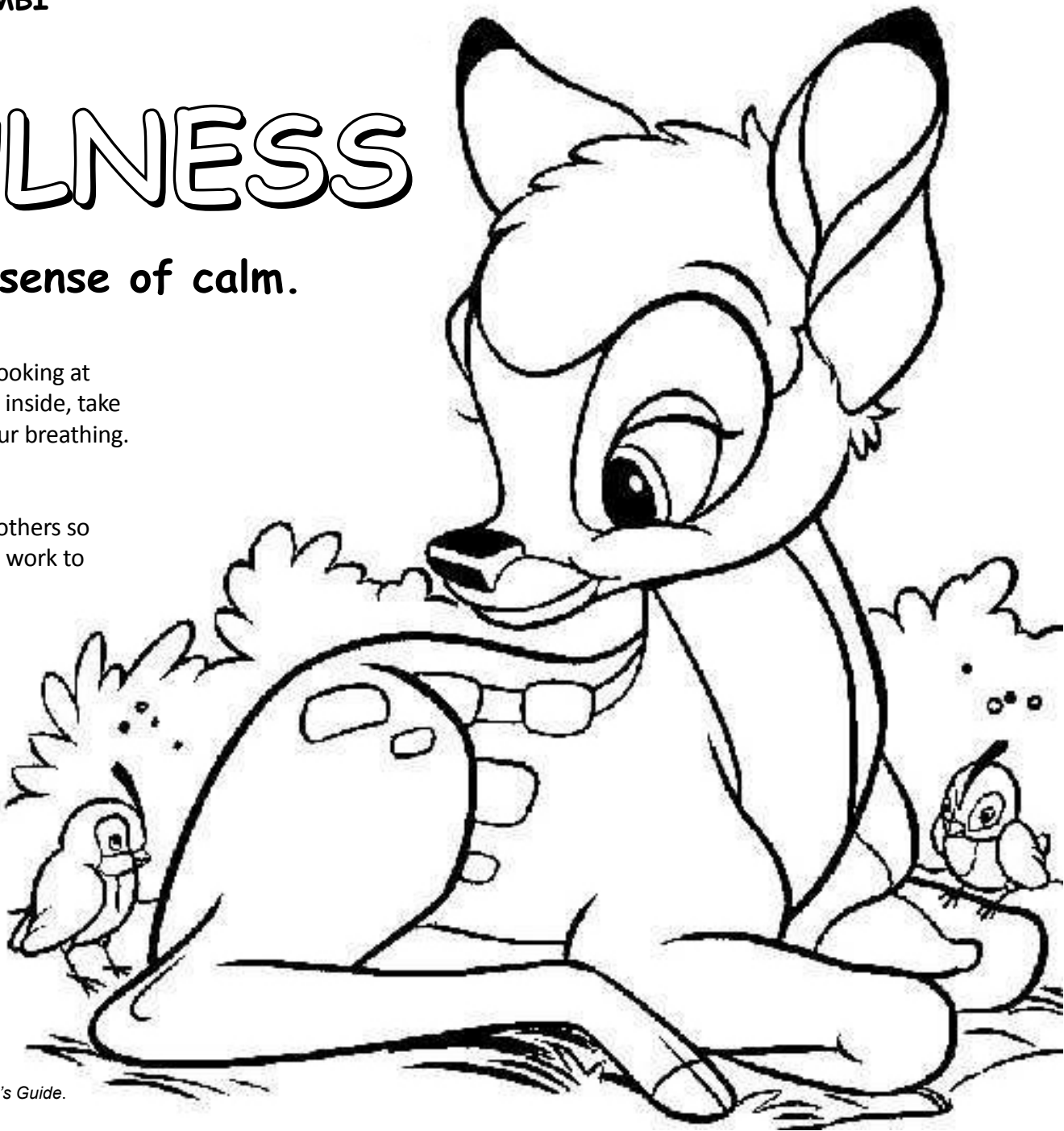
Peacefulness is an inner sense of calm.

Peacefulness is a way of becoming very quiet and looking at things so you can understand them. To be peaceful inside, take a few minutes to become very still and focus on your breathing. Try your best to let go of your worries.

Peacefulness is a way of approaching conflict with others so no one is made wrong. Everyone wins because you work to find a peaceful solution.

Peace comes when you give up violence, prejudice, and thinking of others as enemies.

Learn more at theVchannel.com/Peacefulness



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Be your "BEST" with Virtues! —FLIK

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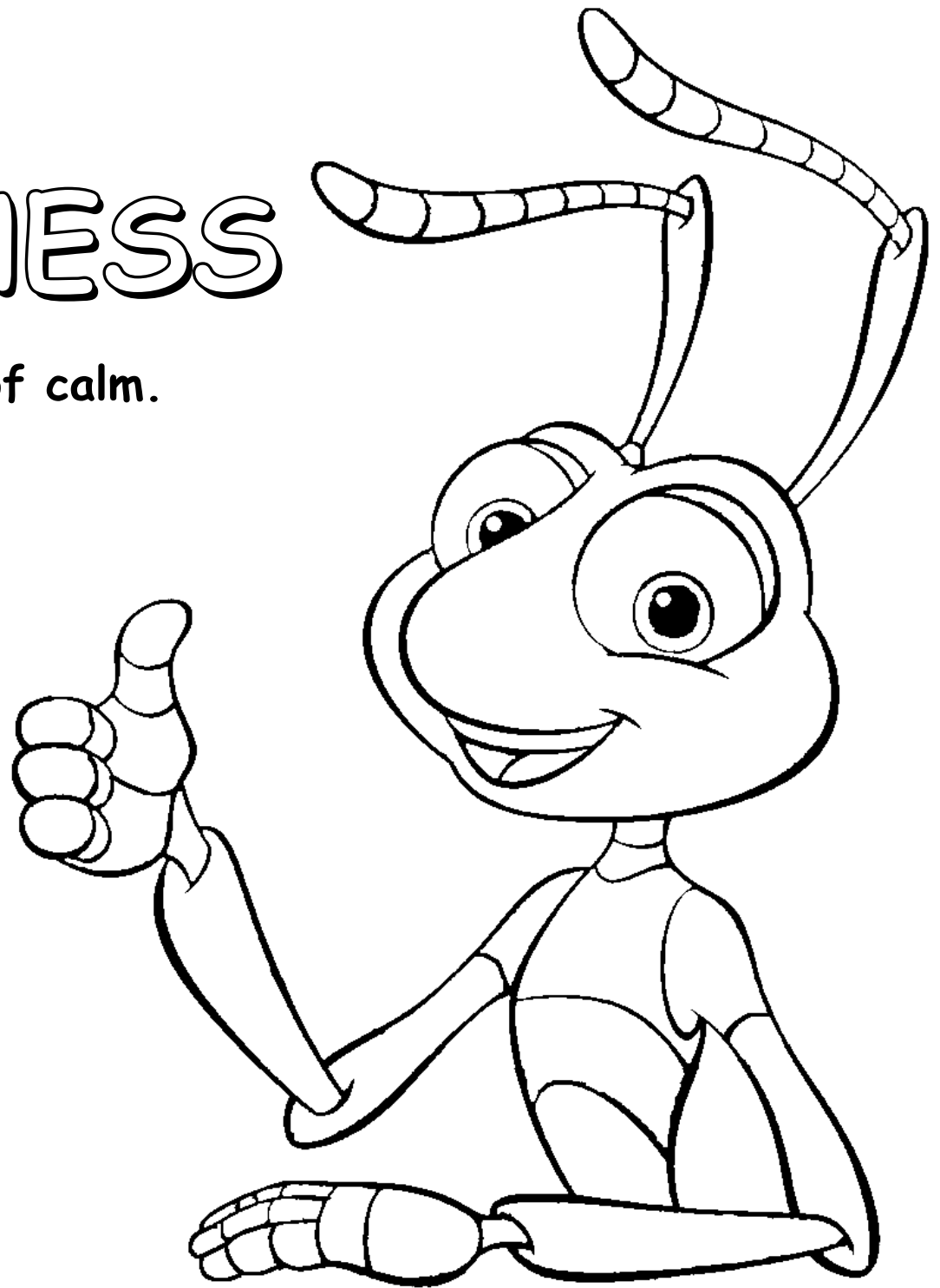
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Be your "BEST" with Virtues! —RAY THE FLYING SQUIRREL

PEACEFULNESS

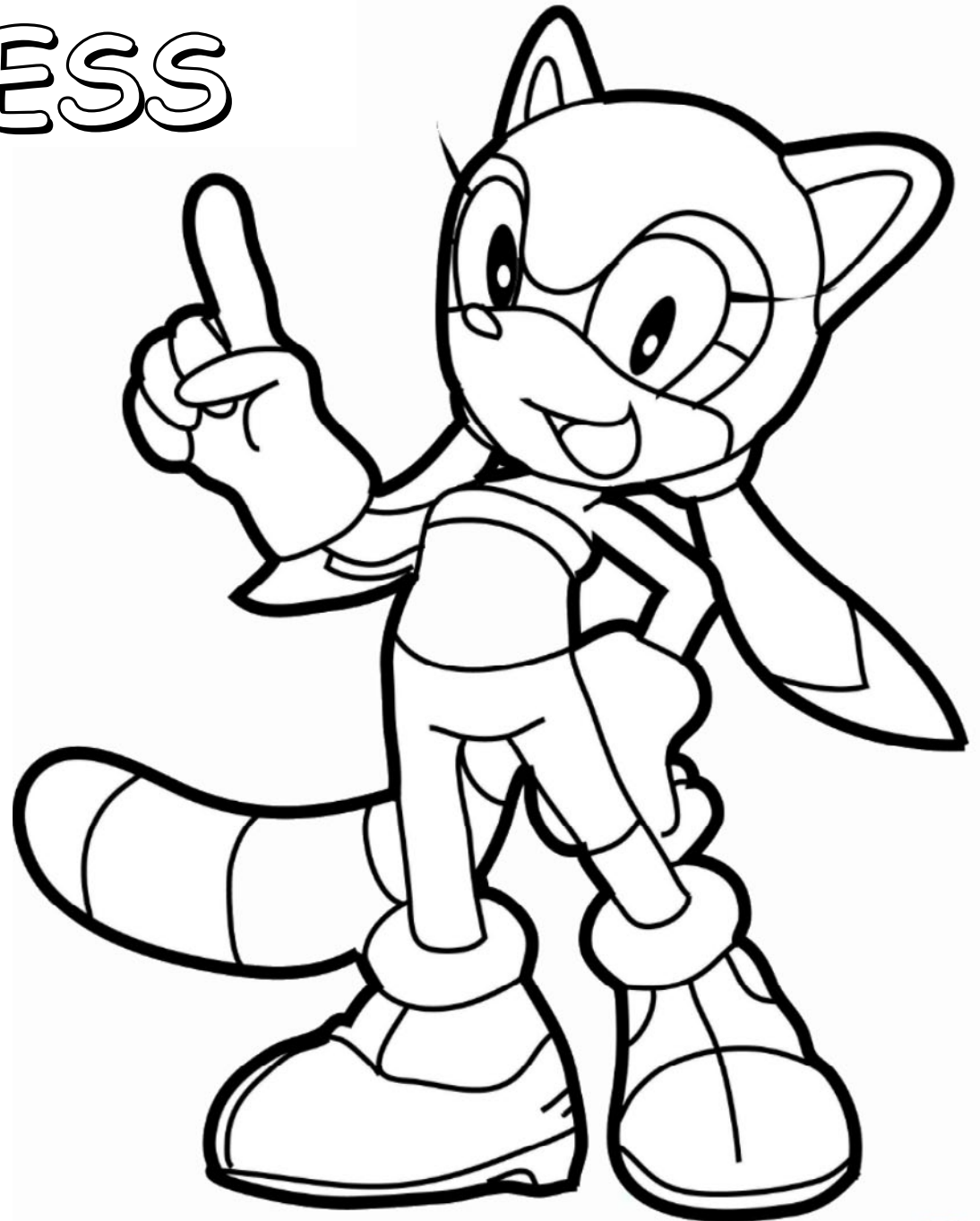
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Be your "BEST" with Virtues! —STORM

PEACEFULNESS

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You are practicing
PEACEFULNESS
when you...

- Take time to become very still, focus on your breathing and let go of worries
- Use peaceful language even when you are angry
- Speak gently and respectfully
- Avoid harming anyone
- Appreciate differences
- Find peaceful solutions to every problem

Affirmation:

I am peaceful. I use peaceful language and find peaceful solutions to any problem that arises. I find my inner peace and let it carry me gently through the day.



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What does **Peacefulness** look like to you?
Draw and color a picture here ↴



Please make a tax-deductible donation today!

The V Channel is a 501(c)(3) nonprofit organization. We depend on the generous support of people like you.

Every dollar we receive goes directly toward inspiring kids everywhere to choose virtues!



Donate now ▶

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We appreciate your generosity!
— The "V"TOONS Team



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PLAY NICE DISNEY CHARACTERS SUPERHEROES STOP BULLYING!

COMING SOON:
SPORTS AND
FAMOUS PEOPLE

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