

# "V"TOONS™ COLORING PAGES DETACHMENT

## Be your "BEST" with Virtues!

When kids understand virtues they tap into character strengths that guide them when faced with decisions between right and wrong, good from bad, or when they find themselves experiencing personal challenges and difficulties.



Kids love Cartoons!



THE V CHANNEL.COM  
INSPIRING KIDS TO BE THEIR "BEST"

© The V Channel Corporation.

Virtues empower kids to:

- Overcome adversity and achieve their goals
- Rise above negative influences
- Be kind, honest and trustworthy
- And much more!

Learn more at [theVchannel.com](http://theVchannel.com)



Kids need Virtues!



## Learning About Virtues is Easy and Fun!



Invite your kids to pick their favorite characters and print the "V'TOONS Coloring Pages.



Read about the virtues while your kids have fun coloring "V'TOONS.



Display "V'TOONS as a daily reminder that virtues empower kids to be their "Best."

Learn more at [theVchannel.com/vtoons](http://theVchannel.com/vtoons)



**THE V CHANNEL.COM**  
INSPIRING KIDS TO BE THEIR "BEST"

© The V Channel Corporation.

Be your "BEST" with Virtues! —SIMBA

# DETACHMENT

**Detachment is using thinking and feeling together, so you can make smart choices.**

Detachment is experiencing your feelings without allowing your feelings to control you. It is choosing how you will act in a situation rather than just reacting.

Without detachment, you let your feelings control you.  
Anger can pop out without warning

Whenever you have a strong feeling about something or someone, stop and ask yourself "What am I feeling?" and "What do I really want to do?"

Learn more at [theVchannel.com/Detachment](http://theVchannel.com/Detachment)

**"V"TOONS™**  
COLORING PAGES  
FREE! at [theVchannel.com](http://theVchannel.com)

Content inspired by and derived from *The Virtues Project™ Educator's Guide*.  
SIMBA and THE LION KING are trademarks of Disney Enterprises, Inc.  
"V"TOONS is a trademark of The V Channel Corporation.  
Creative Commons copyright. For non-commercial purposes only.



Be your "BEST" with Virtues! —MINION GIRL

# DETACHMENT

**Detachment is using thinking and feeling together, so you can make smart choices.**

Detachment is experiencing your feelings without allowing your feelings to control you. It is choosing how you will act in a situation rather than just reacting.

Without detachment, you let your feelings control you. Anger can pop out without warning

Whenever you have a strong feeling about something or someone, stop and ask yourself "What am I feeling?" and "What do I really want to do?"

Learn more at [theVchannel.com/Detachment](http://theVchannel.com/Detachment)

**"V"TOONS™**  
COLORING PAGES  
FREE! at [theVchannel.com](http://theVchannel.com)

Content inspired by and derived from *The Virtues Project™ Educator's Guide*. DESPICABLE ME is a trademark of Universal City Studios LLC.. "V"TOONS is a trademark of The V Channel Corporation. Creative Commons copyright. For non-commercial purposes only.



Be your "BEST" with Virtues! —KRONK

# DETACHMENT

**Detachment is using thinking and feeling together, so you can make smart choices.**

Detachment is experiencing your feelings without allowing your feelings to control you. It is choosing how you will act in a situation rather than just reacting.

Without detachment, you let your feelings control you.  
Anger can pop out without warning

Whenever you have a strong feeling about something or someone, stop and ask yourself "What am I feeling?" and "What do I really want to do?"

Learn more at [theVchannel.com/Detachment](http://theVchannel.com/Detachment)

**"V"TOONS™**  
COLORING PAGES  
FREE! at [theVchannel.com](http://theVchannel.com)

Content inspired by and derived from *The Virtues Project™ Educator's Guide*.  
KRONK and THE EMPEROR'S NEW GROOVE are trademarks of Disney Enterprises, Inc.  
"V"TOONS is a trademark of The V Channel Corporation.  
Creative Commons copyright. For non-commercial purposes only.



Be your "BEST" with Virtues! —BATMAN

# DETACHMENT

**Detachment is using thinking and feeling together, so you can make smart choices.**

Detachment is experiencing your feelings without allowing your feelings to control you. It is choosing how you will act in a situation rather than just reacting.

Without detachment, you let your feelings control you.  
Anger can pop out without warning

Whenever you have a strong feeling about something or someone, stop and ask yourself "What am I feeling?" and "What do I really want to do?"

Learn more at [theVchannel.com/Detachment](http://theVchannel.com/Detachment)

**"V"TOONS™**  
COLORING PAGES  
FREE! at [theVchannel.com](http://theVchannel.com)

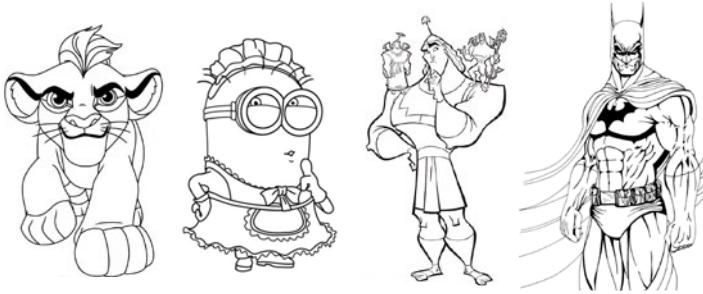
Content inspired by and derived from *The Virtues Project™ Educator's Guide*.

BATMAN is a trademark of DC Comics.

"V"TOONS is a trademark of The V Channel Corporation.

Creative Commons copyright. For non-commercial purposes only.





You are practicing  
**DETACHMENT**  
when you...

- Take time out before doing something you would be sorry for
- Look at your feelings before deciding how to act
- Use thinking and feeling together
- Act instead of react
- Reflect before taking action
- Choose to do what is right

**Affirmation:**

*I am detached. I am aware of my feelings and choose my actions with detachment. I do what is right for me.  
I choose to be my best self no matter what happens.*

**"V"TOONS™**  
COLORING PAGES  
FREE! at [theVchannel.com](http://theVchannel.com)

Content inspired by and derived from *The Virtues Project™ Educator's Guide*.  
"V"TOONS is a trademark of The V Channel Corporation.  
Creative Commons copyright. For non-commercial purposes only.

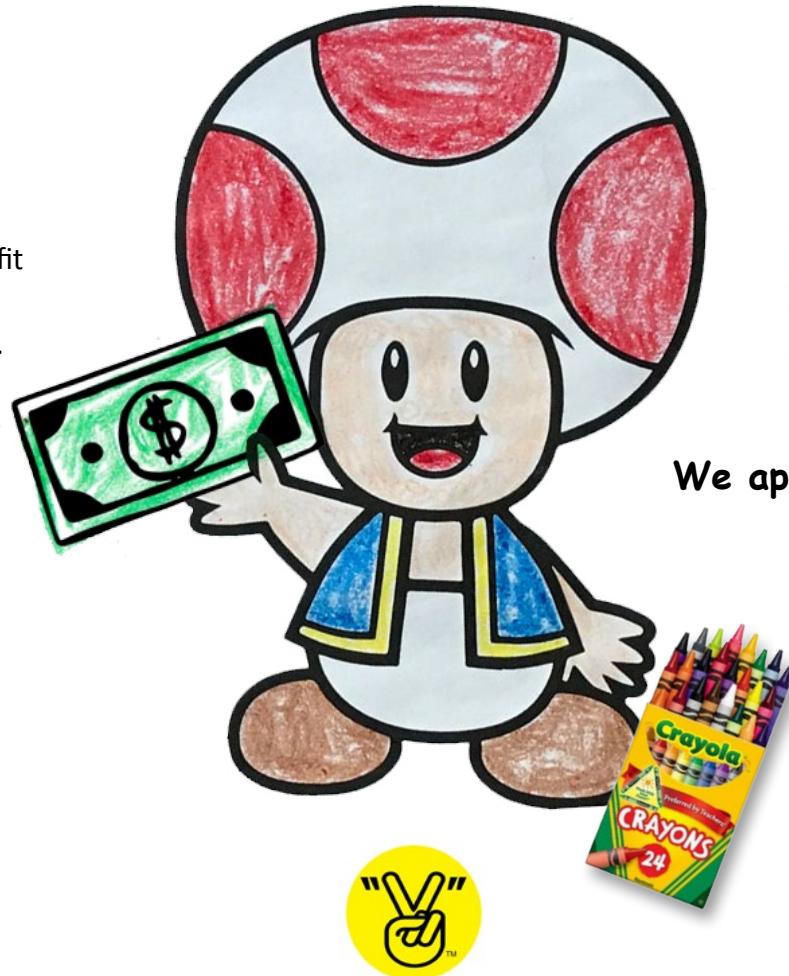
What does **Detachment** look like to you?  
Draw and color a picture here ↓



# Please make a tax-deductible donation today!

The V Channel is a 501(c)(3) nonprofit organization. We depend on the generous support of people like you.

Every dollar we receive goes directly toward inspiring kids everywhere to choose virtues!



**Donate now ►**

[theVchannel.com/donate](http://theVchannel.com/donate)

**We appreciate your generosity!**  
— The "V"TOONS Team

**THE V CHANNEL.COM**  
*INSPIRING KIDS TO BE THEIR "BEST"*

© The V Channel Corporation.



Get MORE "V"TOONS Coloring Pages at [theVchannel.com/vtoons](http://theVchannel.com/vtoons)

**PLAY NICE  
DISNEY CHARACTERS  
SUPERHEROES  
STOP BULLYING!**



**THE V CHANNEL.COM**  
*INSPIRING KIDS TO BE THEIR "BEST"*

© The V Channel Corporation.

# "V"TOONS™ COLORING PAGES

Send us your pictures at [vtoons@theVchannel.com](mailto:vtoons@theVchannel.com) and we'll share the fun!



Like us at [Facebook.com/theVchannel](https://www.facebook.com/theVchannel)