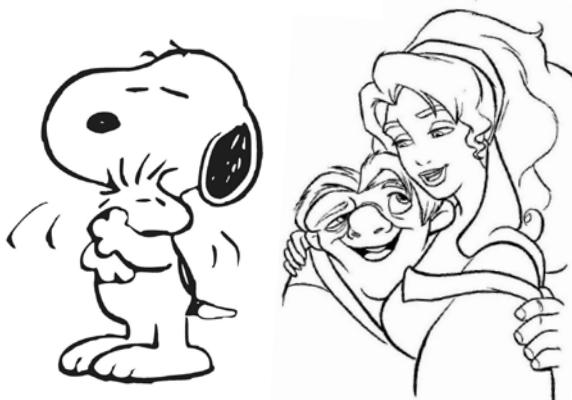


# "V" TOONS™ COLORING PAGES **COMPASSION**

## Be your "BEST" with Virtues!

When kids understand virtues they tap into character strengths that guide them when faced with decisions between right and wrong, good from bad, or when they find themselves experiencing personal challenges and difficulties.



**Kids love Cartoons!**



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Virtues empower kids to:

- Overcome adversity and achieve their goals
- Rise above negative influences
- Be kind, honest and trustworthy
- And much more!

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**Kids need Virtues!**



## Learning About Virtues is Easy and Fun!



Invite your kids to pick their favorite characters and print the "V'TOONS Coloring Pages.



Read about the virtues while your kids have fun coloring "V'TOONS.



Display "V'TOONS as a daily reminder that virtues empower kids to be their "Best."

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Be your "BEST" with Virtues! —SNOOPY

# COMPASSION

**Compassion is having kind feelings toward someone who is hurt or troubled.**

Compassion is caring deeply and wanting to help someone, even if you don't know them.

Being compassionate begins by noticing when someone seems sad or troubled. Put yourself in their place and ask how you would feel if it were happening to you. Think about how you can help. Take time to listen, and then say kind things like, "What are you sad about?" and "How can I help?"

Compassion helps us to be understanding of others and ourselves. It is forgiving others when they make a mistake. We can even have compassion for ourselves.

Learn more at [theVchannel.com/Compassion](http://theVchannel.com/Compassion)



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Be your "BEST" with Virtues! —QUASIMODO and ESMERALDA

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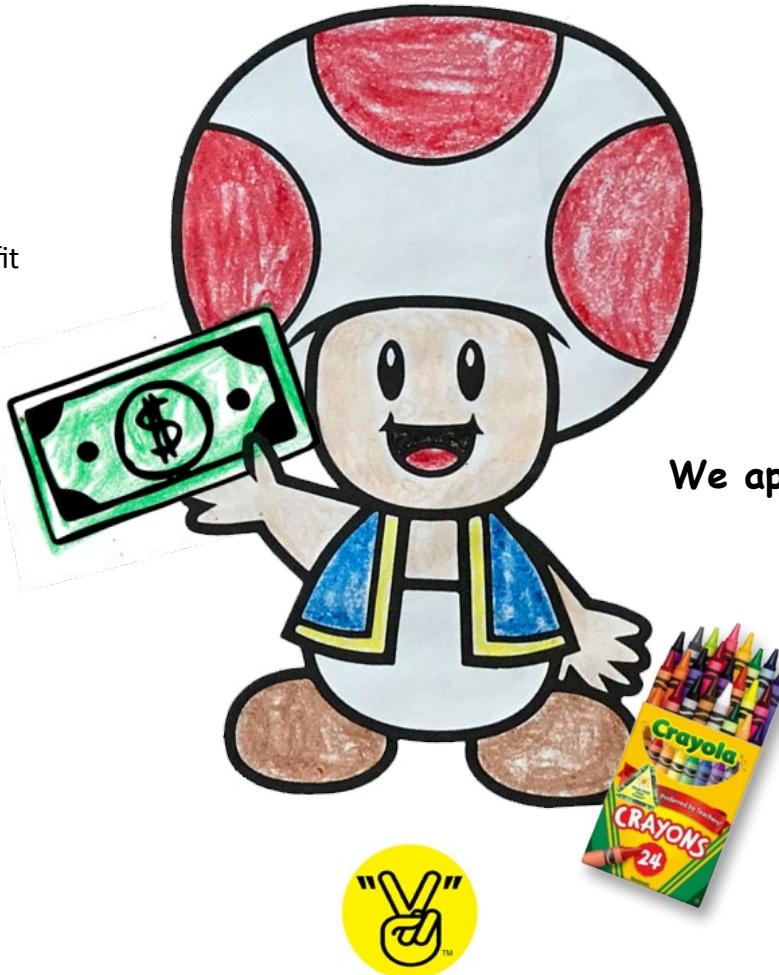
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Every dollar we receive goes directly toward inspiring kids everywhere to choose virtues!



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We appreciate your generosity!  
— The "V"TOONS Team

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Be your "BEST" with Virtues! —LEGO ROBIN

# COMPASSION

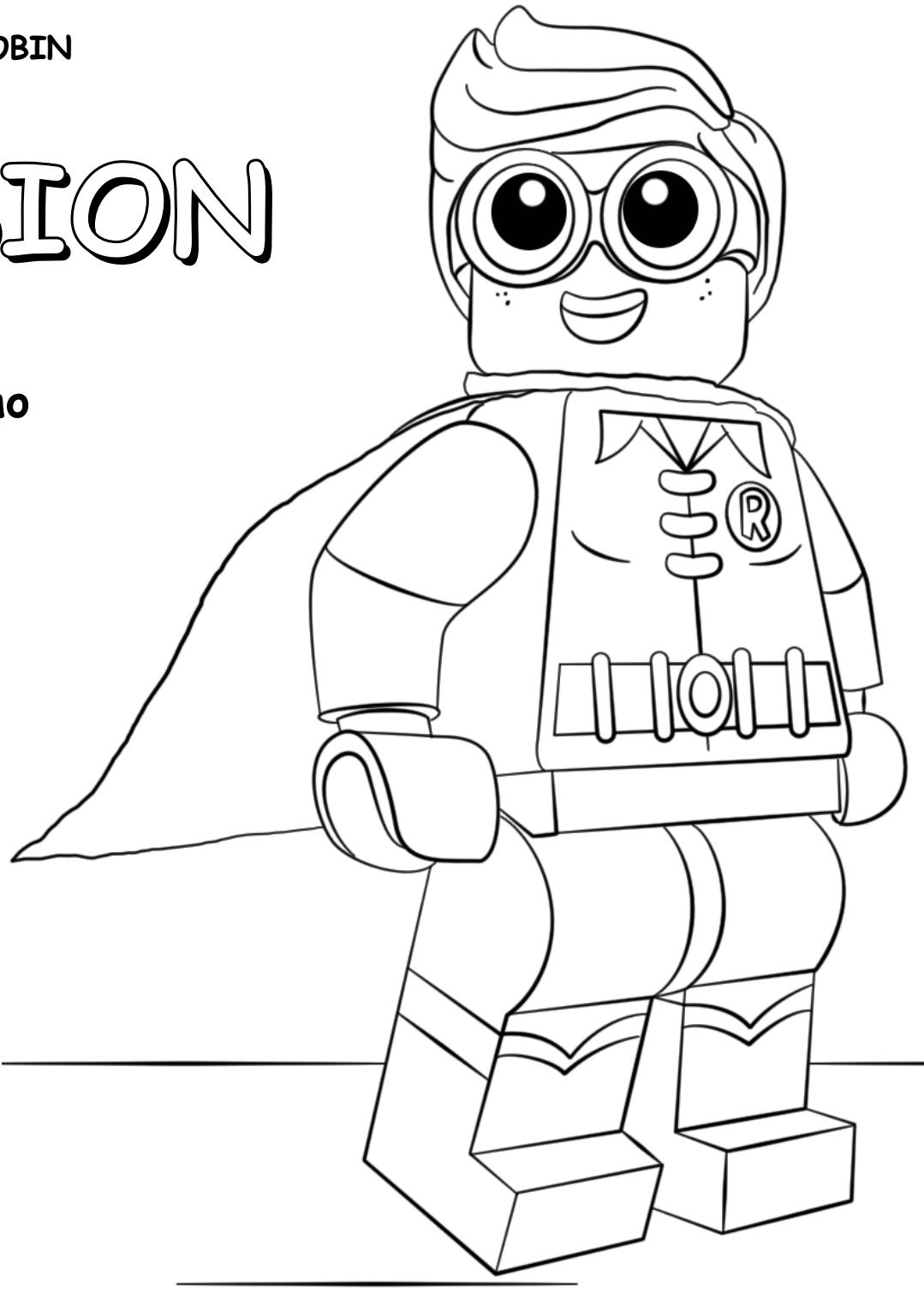
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Be your "BEST" with Virtues! —BELLE and MAURICE

# COMPASSION

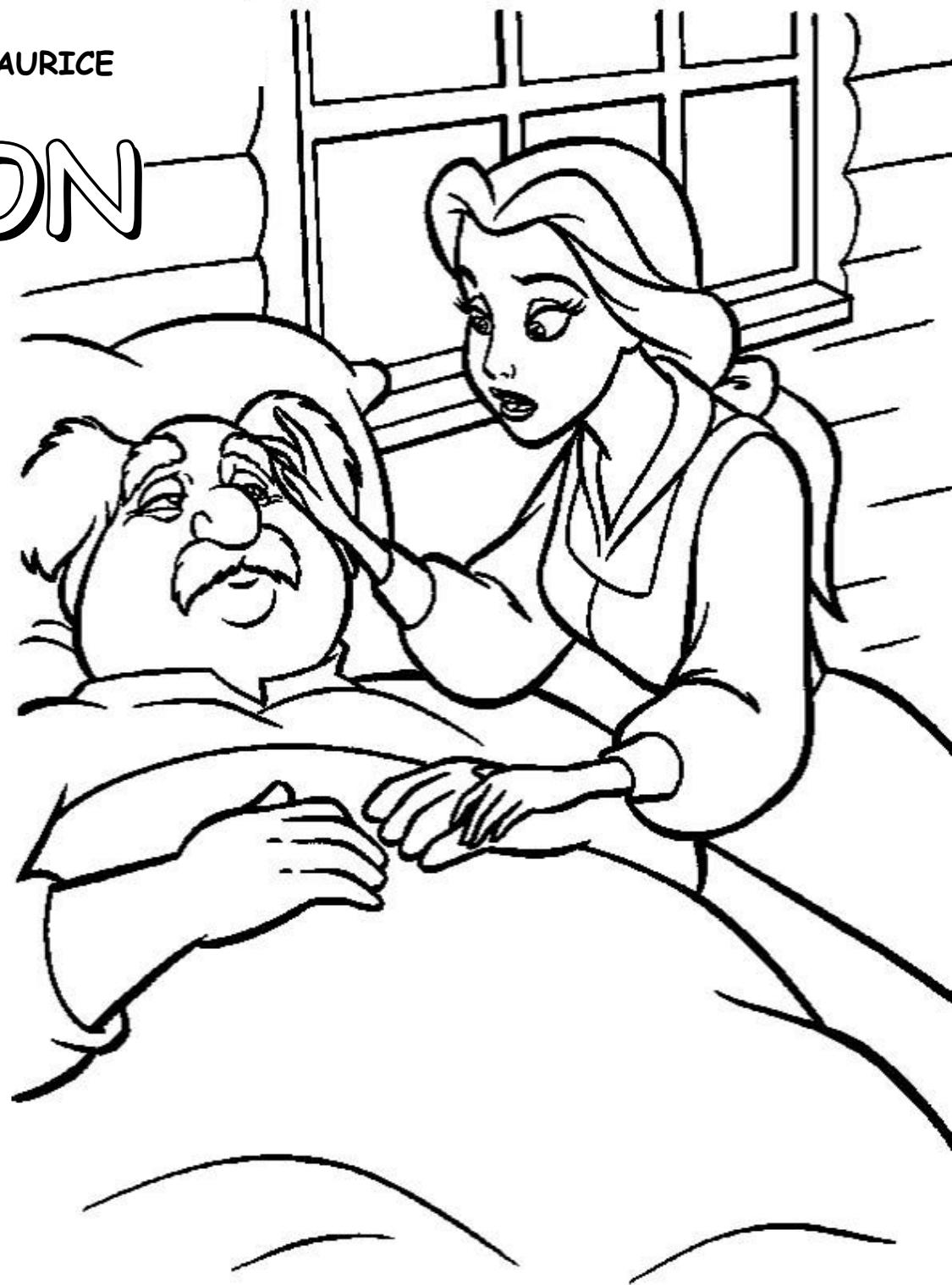
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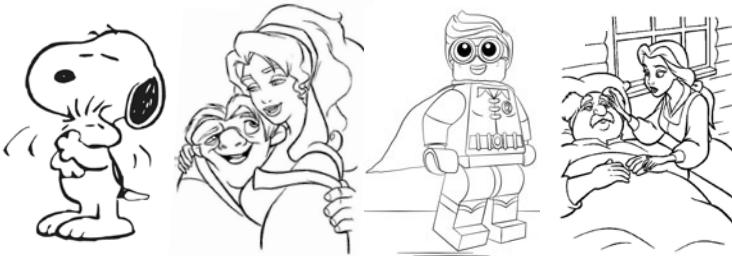
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You are practicing  
**COMPASSION**  
when you...

- Notice when someone is hurt or needs a friend
- Imagine how they must be feeling
- Take time to show that you care
- Ask how they are and listen patiently
- Forgive others when they make mistakes
- Do some service to help a person or an animal

**Affirmation:**

*I have compassion. I notice when someone is hurt or needs my help. I take the time to show that I care.*

What does **Compassion** look like to you?  
Draw and color a picture here ↓

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