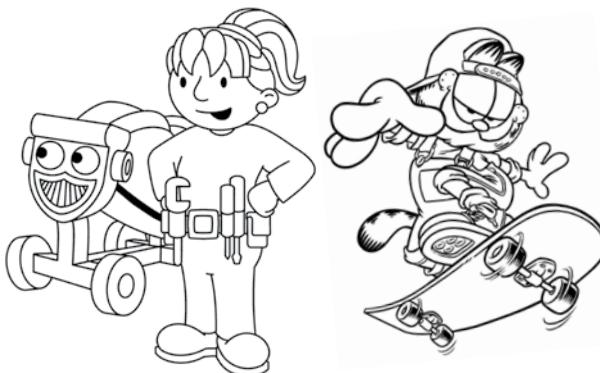


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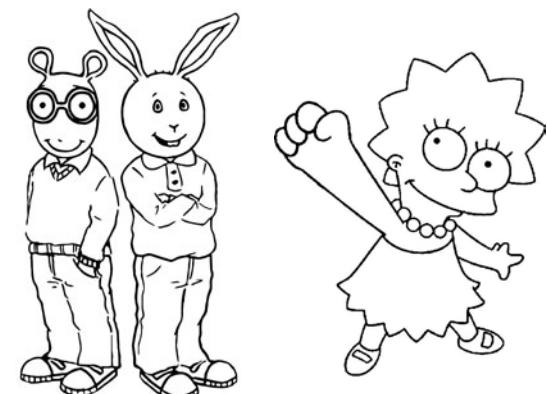


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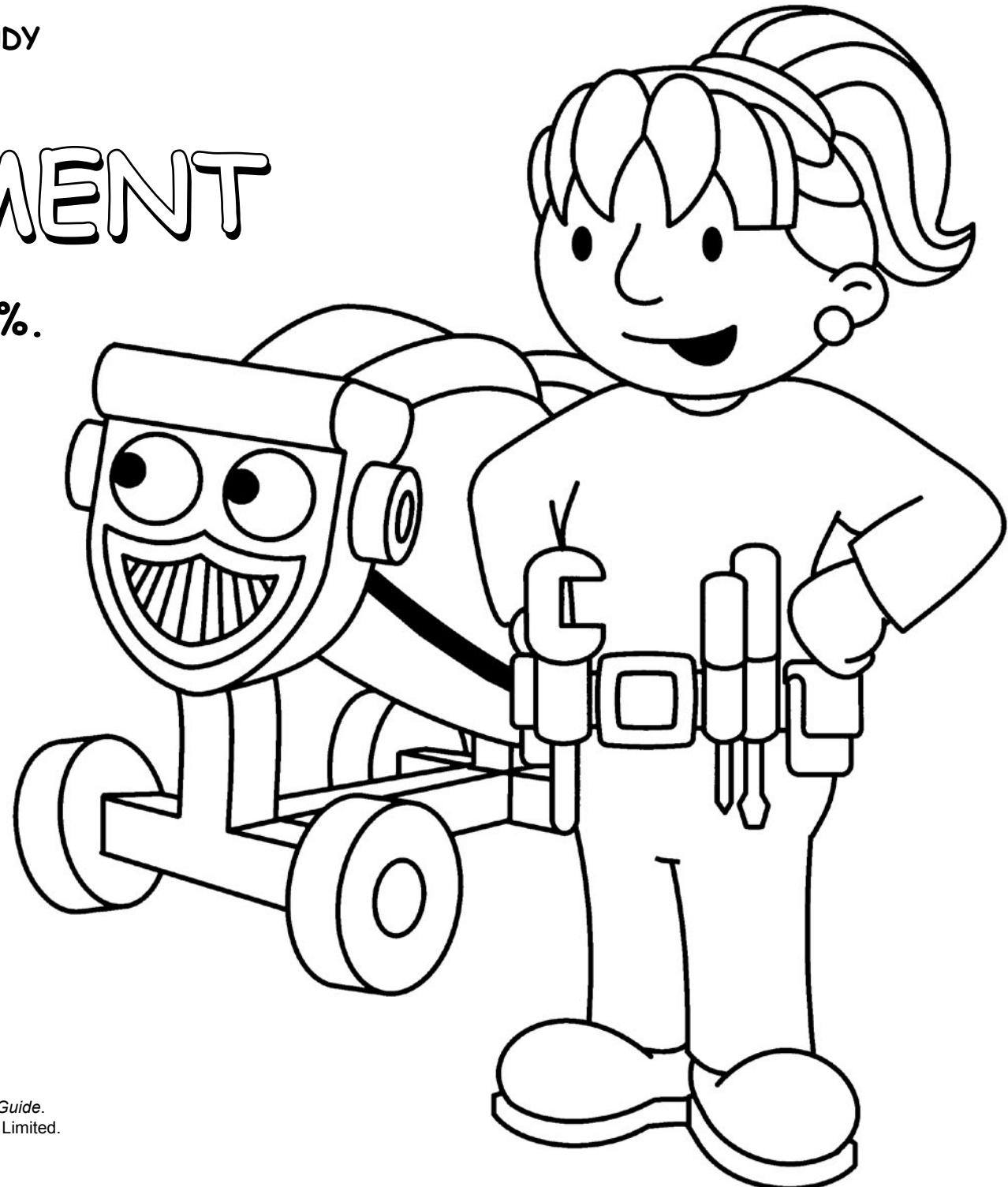
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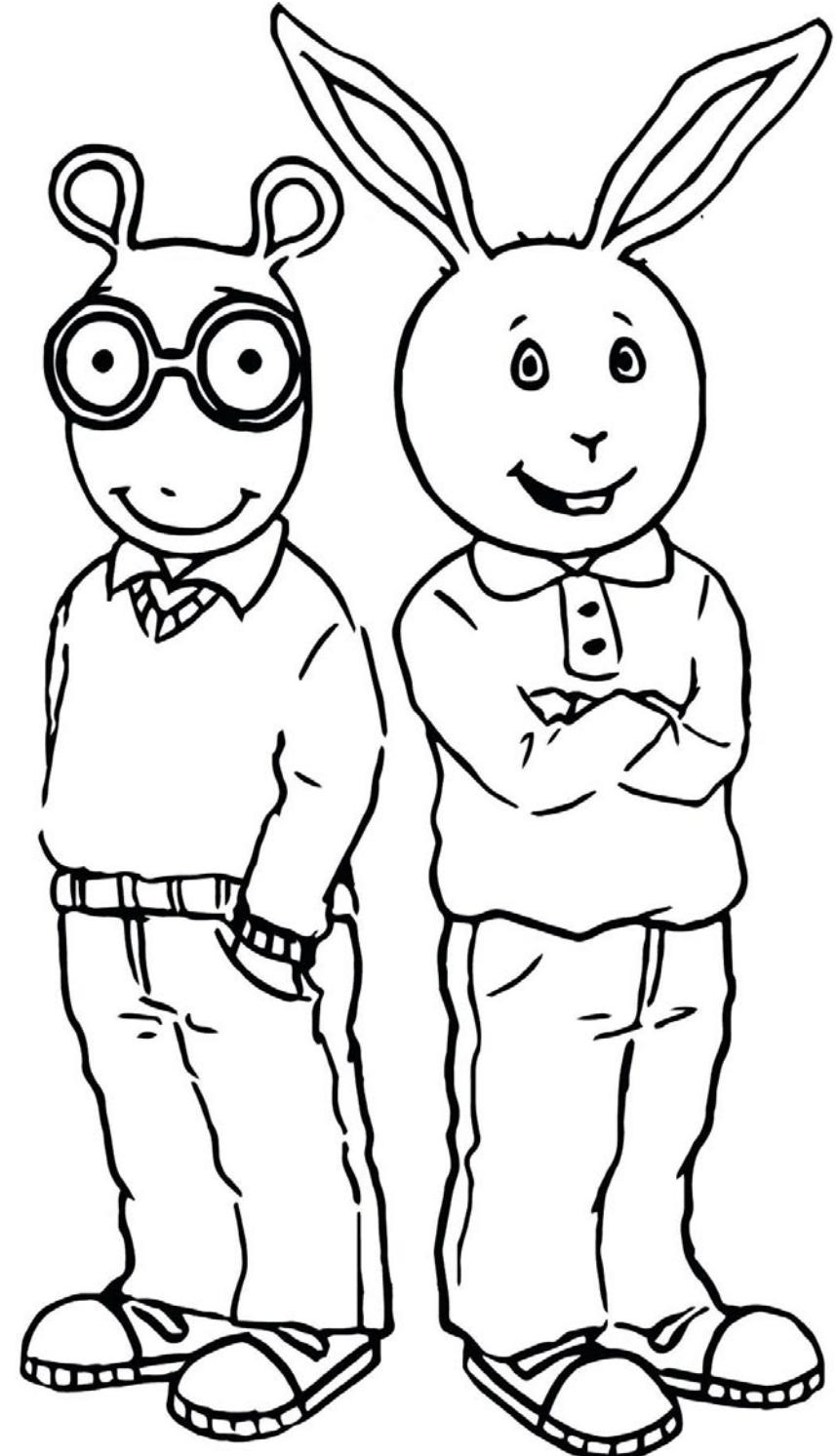
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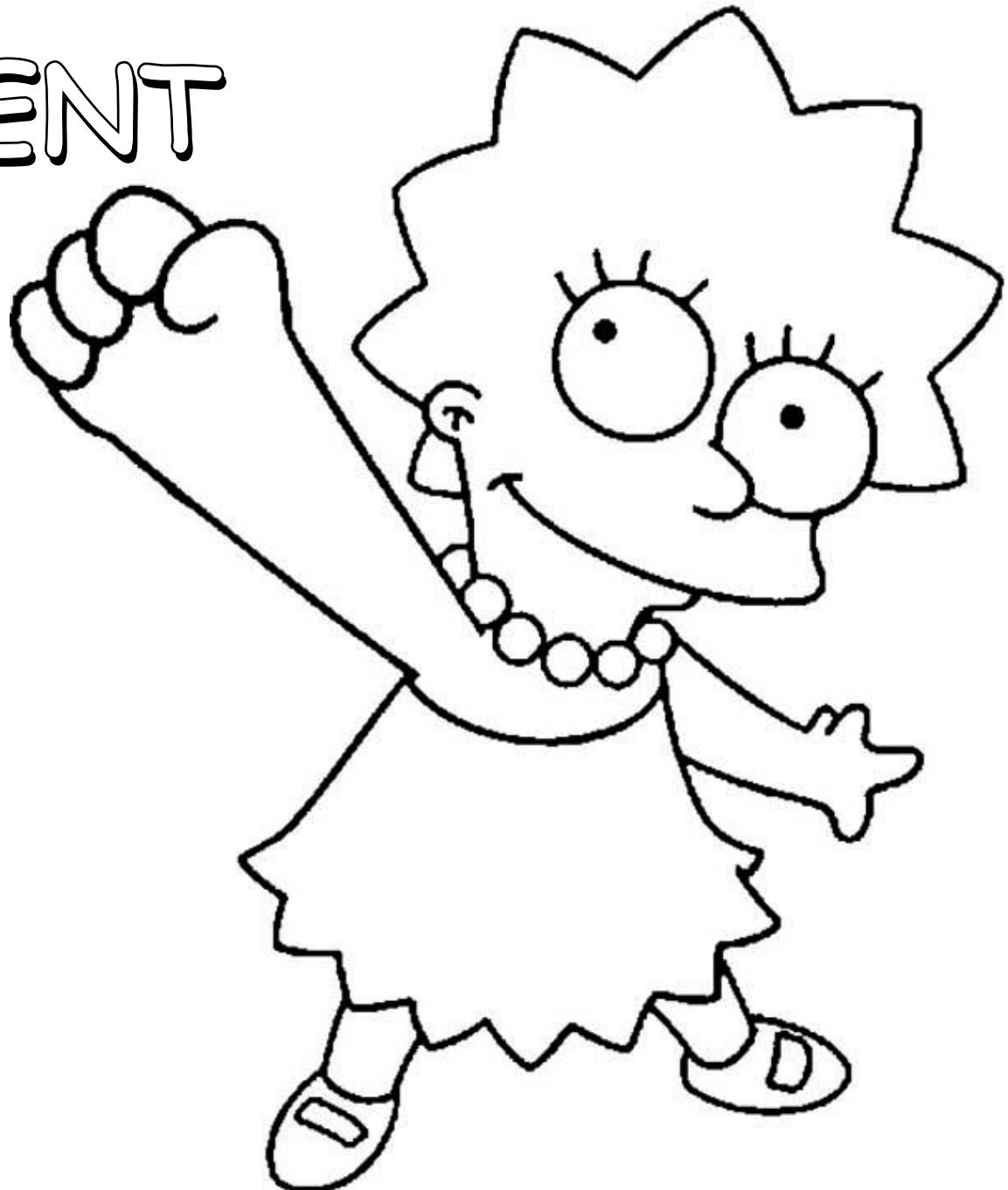
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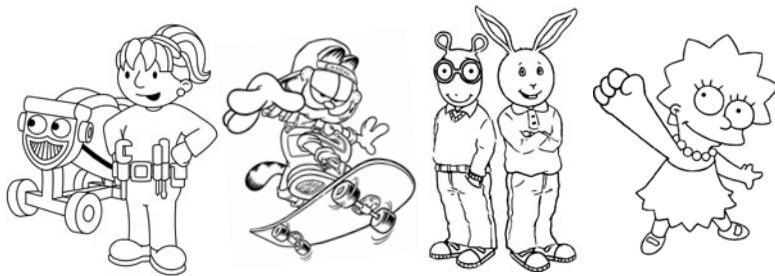
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You are practicing
COMMITMENT
when you...

- Think before you make a promise
- Keep every agreement you make
- Make decisions confidently
- Go the extra mile
- Give 100% to everything you do
- Are faithful to people you care about

Affirmation:

I practice commitment. I make good decisions and give my all to whatever I do. I keep my agreements. I am a faithful friend.

What does **Commitment** look like to you?
Draw and color a picture here ↓

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