

THE V CHANNEL PRESENTATION TO CRAYOLA



A simple and fun way to teach kids virtues.

"COMPASSION"

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The V Channel is a nonprofit media company.
We help parents and teachers inspire kids to be their "Best".
Learn more at theVchannel.com

CONTACT:
Scott Feraco
scott@theVchannel.com
917-445-0102

"V"TOONS inspire kids to be their "Best"

Featuring popular cartoon characters, **"V"TOONS Coloring Pages** give parents, guardians, and teachers—*everyone who cares for children*—a simple and fun way to teach kids essential virtues.

WHAT ARE VIRTUES?

Common to people of all cultures, ethnicities and beliefs, virtues are positive character traits that empower young and old alike to flourish as human beings.

Easy as 1-2-3:

1. Pick a virtue and invite your kids to choose a "V"TOONS page featuring popular cartoon characters.
2. Print the "V"TOONS page and have fun coloring with your kids while reading about the virtue.
3. Display the colored "V"TOONS where your kids will see them; on bedroom walls, the refrigerator door, or create a gallery in your home or classroom as a daily reminder that virtues empower kids to be their "Best".



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Be Your "Best" "COMPASSION"

EXAMPLE
FOR
PRESENTATION

WHAT IS COMPASSION?

Compassion is having kind feelings toward someone who is hurt or troubled. It is caring deeply and wanting to help, especially if they have been a victim of bullying. It is being kind and forgiving to someone who has hurt you.

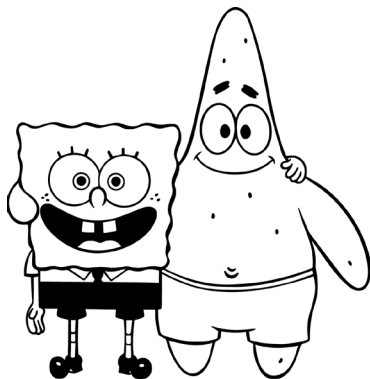
WHY PRACTICE COMPASSION?

When people feel hurt or in trouble, they often feel alone. Feeling alone can make things even worse. Without compassion the world is a hard and lonely place. Being compassionate helps us to feel less alone. Compassion helps us to be understanding of others and ourselves.

HOW DO YOU PRACTICE COMPASSION?

Compassion begins by noticing when someone seems sad or troubled. Put yourself in their place and ask how you would feel if it were happening to you. Think about how you can help. Take time to listen, and then say kind things like, "What are you sad about?" and "How can I help?" Be forgiving when others make mistakes. Be a friend when someone needs a friend.

CHOOSE A "V"TOONS PAGE AND HAVE FUN COLORING!



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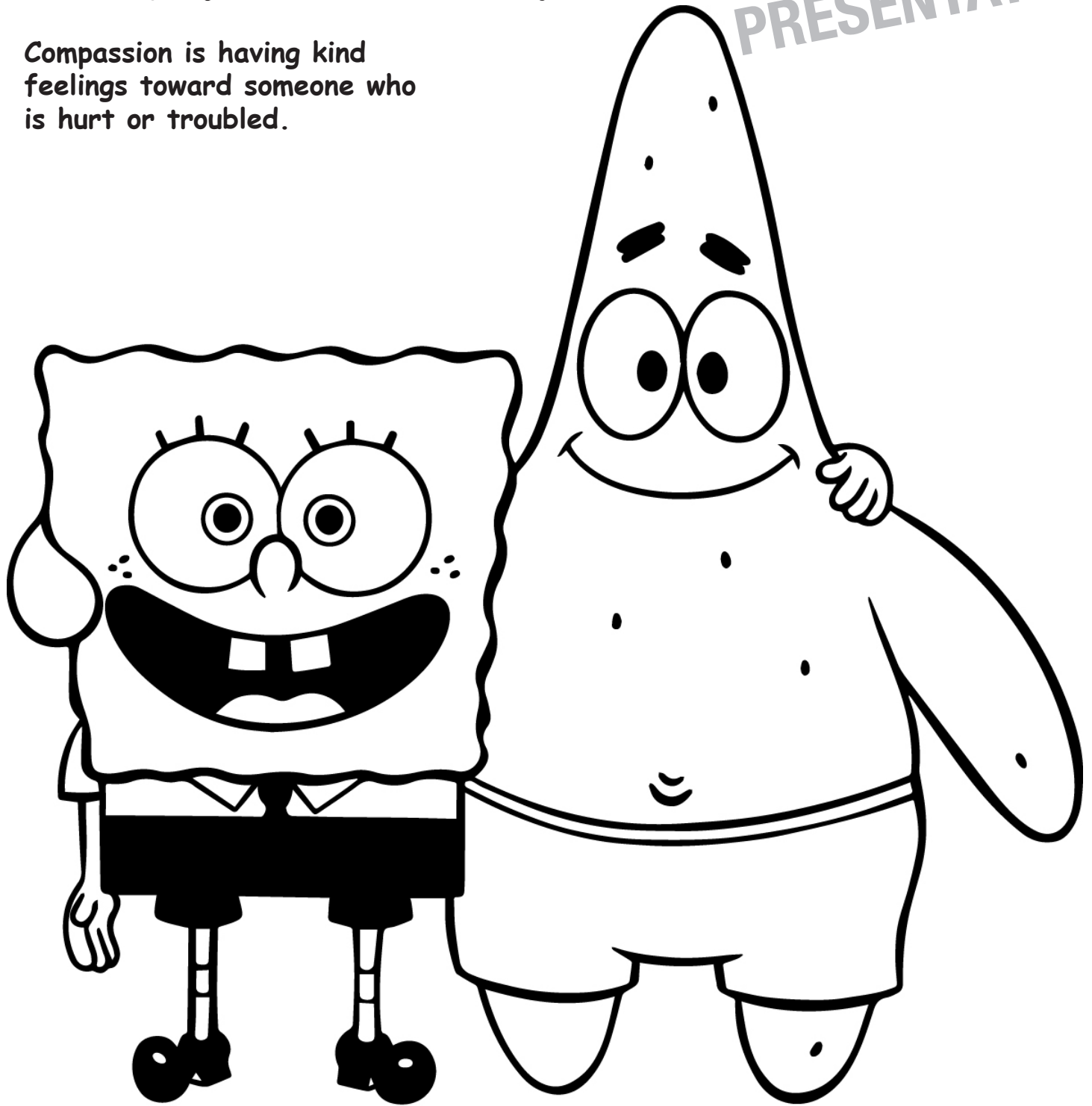
"Compassion" from *The Virtues Project Educator's Guide*
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Be Your "Best"

"COMPASSION"

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"V"TOONS™
COLORING PAGES

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Without compassion
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Be Your "Best"

"COMPASSION"

What does Compassion look like to you? Draw and color a picture here



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Be Your "Best"

52 ESSENTIAL VIRTUES

Pick one each week!

Assertiveness

Caring

Cleanliness

Compassion

Confidence

Consideration

Courage

Creativity

Detachment

Determination

Enthusiasm

Excellence

Faithfulness

Flexibility

Forgiveness

Friendliness

Generosity

Gentleness

Helpfulness

Honesty

Honor

Humility

Idealism

Joyfulness

Justice

Kindness

Love

Loyalty

Mercy

Moderation

Modesty

Obedience

Orderliness

Patience

Peacefulness

Prayerfulness

Purposefulness

Reliability

Respect

Responsibility

Reverence

Self-Discipline

Service

Steadfastness

Tact

Thankfulness

Tolerance

Trustworthiness

Truthfulness

Unity

Zeal



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